Patient characteristics which favour incremental HD start

- KrU > 3ml/min/1.73m² BSA
- Urine Output > 500 ml/day
- Inter dialytic weight gain < 2.5 kg or < 5 % of the target body weight
- No or infrequent episodes of pulmonary oedema
- No or infrequent episodes of hyperkalemia
- Well controlled phosphate <2 mmol/L
- Haemoglobin > 80 g/L
- · Adequate nutrition

Patient characteristics which favour conventional HD start

- KrU < 3ml/min/1.73m² BSA
- Urine output < 500 ml/day
- Interdialytic weight gain ≥ 2.5 kg or ≥ 5 % of the target body weight
- Frequent episodes of pulmonary oedema
- Frequent episodes of hyperkalemia
- Erythropoietin resistance
- Younger and more metabolically / physically active patients
- Hypercatabolic state



Figuur 1 uit Budd U in J of Nephrology 2024: decision aid for incremental vs conventional HD start based on patient's characteristics¹²